



# The Cavalier Chronicles

Parent-Teacher-Student Organization (PTSO) Publication

[news@woodsonptso.org](mailto:news@woodsonptso.org)

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W.T. Woodson PTSO Executive Board 2014-15

PTSO President: Monica Cameron [President@woodsonptso.org](mailto:President@woodsonptso.org) [monica.cameron@cox.net](mailto:monica.cameron@cox.net) 703-359-4298  
1st Vice President (Membership): Rita Manfredi-Shutler [vp@woodsonptso.org](mailto:vp@woodsonptso.org) [philritas@mindspring.com](mailto:philritas@mindspring.com) 703-999-5570  
2nd Vice President (Fundraising): Petya Dimov [Vp2@woodsonptso.org](mailto:Vp2@woodsonptso.org) [pdimov@yahoo.com](mailto:pdimov@yahoo.com) 703-383-0855  
Treasurer: Linda Vasquez [treasurer@woodsonptso.org](mailto:treasurer@woodsonptso.org) [lvasquez88@gmail.com](mailto:lvasquez88@gmail.com) 703-268-5068.  
Secretary, Colleen Olsen [secretary@woodsonptso.org](mailto:secretary@woodsonptso.org) [mommycol@verizon.net](mailto:mommycol@verizon.net) 703-426-5040  
Principal: Jeff Yost: [jayost@fcps.edu](mailto:jayost@fcps.edu)

## Attention!!!! NEW PROGRAM SERIES From the WOODSON PTSO:

### Family / Student / Teacher

#### Resilience and Enrichment Program Series

A primary PTSO goal this year is to offer a program series to empower families, students, teachers and staff with useful, practical skills and resources to build and strengthen communication skills, resilience and reduce **stressors** at school and in the home. The PTSO has developed a terrific Resilience and Enrichment Series which consists of guest speakers and authors, group/family coaching, parent support groups, connecting teachers with parents and much more. We also invite you to participate in the PTSO Survey and let us know what topics, resources and practical skills might be helpful to your family and student.

#### Get Connected!

Woodson is a great high school! We encourage you and your family to get involved and connected at Woodson this year — join the PTSO, Athletic Boosters, Clubs and attend the many sports, orchestral, art and theater events at the school. It's a great way to meet your kids' friends and other parents.

#### Attend Monthly PTSO Meetings

Meetings are held on the second Tuesday of every month at 7:00 pm in the Woodson Library.

The first meeting is September 9. Come hear about our new Enrichment Program. October 14, Dr. DeDe Bailer, FCPS Special Services Intervention Coordinator, will share the specific statistics of the Fairfax County Youth Survey for the Woodson Pyramid schools. These stats include: risky behaviors, good habits, self-esteem, and assets.

### Upcoming Events

September 9	7:00pm	PTSO Meeting in Library
September 10	7:00 pm	Senior Parent Night
October 2	5:30 pm	Back to School Night
October 8	7:30pm	Financial Aid Night
October 15		PSAT Testing
October 19	7:30 pm	College Fair at Fair Oaks Mall

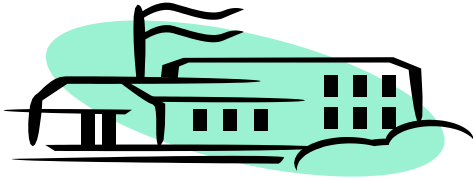


**Welcome-To-Woodson is a program designed to help students and families that are transferring from other areas by easing the transition with helpful information and a sponsor family.**

**If you are new to the area and the Woodson Community and would like to have someone to connect with and answer questions about the community and school, please contact Coordinator Kristan Cole, [colechips@yahoo.com](mailto:colechips@yahoo.com)**

We extend a warm invite to all staff and teachers to join the PTSO and attend the enrichment programs and PTSO meetings. Our goal is to have 100% participation from all teachers and staff at WTW. We value you and want to support you. Communication between parents, teachers and students is very important in our efforts to support our Woodson Family.





## WHY JOIN THE W.T. WOODSON PTSO?

The W.T. Woodson PTSO exists to support the education of **your student** at Woodson High School. How do we do that?

◆ Through **NEW PROGRAMS** such as the **FAMILY/TEACHER/STUDENT RESILIENCE and ENRICHMENT** workshops where families, students, teachers and staff will be offered resources to address communication building, practical parenting skills, stress reduction and fostering resilience at school and in the home. Because this is a new effort, we need membership dues to fund these programs.

◆ Through **FINANCIAL ASSISTANCE** by way of PTSO grants that support projects, activities, and programs for students and teachers. **Last year, the dues paid by PTSO members and parent donations helped us award \$8,000** to support the Arts, Music, Athletics, Library and Academic programs at Woodson.

◆ By providing **VOLUNTEERS** to support the Baccalaureate, Cavalier Cruise, Cavalier Kickoff, Principal's Coffees and assistance in the Attendance Office, Career Center and the Clinic, and to serve as hosts at award ceremonies and appreciation luncheons for our teachers and staff.

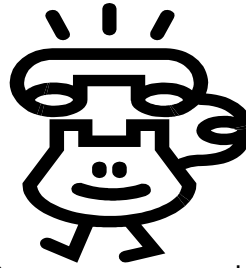
To join, buy extra directories, or make donations, please visit the Woodson PTSO website [www.woodsonptso.org](http://www.woodsonptso.org).

OR

Send your Membership Form with a check for the **total** amount (\$15 per adult, \$5 per staff and \$5 per student member) payable to:

**W.T. Woodson PTSO**, 9525 Main St, Fairfax, VA 22031-4099.

If you have questions on joining the PTSO, please contact at Rita Manfredi-Shutler [vp@woodsonptso.org](mailto:vp@woodsonptso.org).



## 2014-2015 STUDENT DIRECTORY

Because we are using a different data source this year, the directories will not be available at BTSN. Drats! But we will be selling them at Football games and other activities. Copies for Sale will also be available in the Main Office.

Buy one for each car and kid!  
There are limited supplies!!

Contact Sue Taylor at [sdetaylor@verizon.net](mailto:sdetaylor@verizon.net) with questions.

## STUDENT DRIVER IN YOUR FAMILY?

*Did you know?* Virginia requires students to complete 45 hours of behind-the-wheel driving with a "qualified" driver *before* they can obtain a license.

For your peace of mind and of those around you:

Woodson's PTSO offers highly visible yellow & black "STUDENT DRIVER" car **magnets** to post on all sides (driver's door, passenger door, front & rear) of the vehicle your student drives. You'll appreciate the added awareness of other drivers to your student's driving trials and tribulations.

You can find these popular car magnets at major school events or in the Woodson front office.



**\$8 each or 3 for \$20**

*(Compare to the online price of \$14.95 each, plus shipping)*

Why not get them now so you are prepared for when your student starts driving! For more info contact Denise Spaulding at [DJSpauld@verizon.net](mailto:DJSpauld@verizon.net) and 703-978-1252.

**Attention Junior & Senior Parents  
Keep Alert for Cavalier Cruise 2015!  
(The All Night Grad Party for Seniors)**

**We are in need of Cav  
Cruise Co-Coordinator  
for the All Night Grad Party**

**We also need many Parent  
Volunteers to make  
this a successful event.**

**Please contact Donna Greer  
[Donna.greer@verizon.net](mailto:Donna.greer@verizon.net) 703-323-9033  
[www.woodsonptso.org](http://www.woodsonptso.org)**



**WOODSON NEEDS VOLUNTEERS!**

Volunteer Coordinator: Stacey Brahmeys

[brahmeys@yahoo.com](mailto:brahmeys@yahoo.com)

There are many opportunities to volunteer at Woodson!  
The Library, Hospitality Committee, Grants Committee,  
Career Center, Cavalier Cruise, Brick Program, Scrip  
Program and much more.

Please take a moment to look at, complete and return the  
Volunteer Form included in your Back- to- School packet.  
Contact me directly if you have questions 703-764-4402.

We appreciate any time you can contribute. You will be  
part of truly making a difference for the students, staff and  
families at WT Woodson.

Woodson PTSO will continue to raise money to help fund  
various beautification projects at the school by selling  
engraved bricks. The brick courtyard in front of the School,  
between the main entrance and the auditorium, still has  
plenty of room for bricks for you to remember your special  
student. **Individual bricks cost: \$100**



Engraved bricks will be intermixed with regular paver bricks.  
And, they make great graduation presents for your Seniors!

If you have questions, the Brick Order form is located on the  
Woodson PTSO Website. For more info contact Coordinator  
Lori Taylor at [DavidnLori@cox.net](mailto:DavidnLori@cox.net) and 703-978-1045

**Mock ACT/SAT Exams—College Entrance Exam Prep!**

The PTSO “mock” exam program offers full-length ACT and SAT  
exams to help prepare Woodson students take these college  
entrance exams. Although the mock exams are full-length  
“real” tests, the scores are not official, not reported to The  
College Board/ACT or any college, and should not be confused  
with the official PSAT, ACT, and SAT exams offered throughout  
the school year. (For information on PSAT and SAT, visit  
[Collegeboard.org](http://Collegeboard.org); for ACT, visit [ACT.org](http://ACT.org)—and for information  
on both, visit the Woodson Career Center!)

This year, the exams will be administered by Revolution Prep;  
two different versions of ACT and SAT will be administered on  
the following mock exam dates:

- November 15
- February 14

Revolution Prep will also present

- An evening preview program, “Demystifying the  
College Admissions Tests,” on October 22 providing an  
overview of the differences between ACT and SAT,  
how to decide which test to take, and how to prepare; and
- Follow-up sessions (November 18 and February 18)  
after each mock exam, with information on  
interpreting test scores and preparing for the exams.

The Woodson PTSO is excited about pairing with Revolution  
Prep to offer this program for our students; enhancements this  
year include self-scoring (students can get their scores the  
same day as the test!) and a variety of test-prep options,  
including online small-group courses for both the SAT and ACT.  
To find the right program for your child, we recommend calling  
Revolution at (877) 738-7737 to speak with one of their  
Academic Advisors.

Please note that the mock ACT and SAT exam program is  
geared primarily to sophomores and juniors, although younger  
students are welcome to register. Students who require testing  
accommodations will need to self-identify as part of the  
registration process (all information collected by Revolution  
Prep is confidential, and for Revolution Prep and Woodson  
PTSO use only).

Information will also be available at Cav Kick-Off and Back-to-  
School Night, posted to the PTSO website, and included in  
WEMail.

Lorraine Reilly  
Mock Exam Coordinator  
[cedge20@verizon.net](mailto:cedge20@verizon.net)

## Frost-Woodson Special Services

Frost-Woodson Special Services is a parent-student-teacher interest group, affiliated with both the Woodson PTSO and the Frost PTA, whose goal is to provide information and support to students receiving special education services and their families.

*Special education services* comprise a range of supports, most typically delivered via an individualized education program (IEP) or Section 504 (accommodations) plan.

As students progress through secondary education, and when planning for the transition to postsecondary life, our group provides essential assistance in helping identify resources and information. In addition to maintaining a Yahoo! group listserv, we work with parents and teachers at Woodson and its "feeder" schools to present special-interest programs and ensure families have easy access to information and services.

During the last school year,

- We hosted a successful parent program on transitions (elementary to middle, middle to high school), designed to help parents support their students in each different environment.
- Our listserv featured postings or messages about local conferences, workshops, and webinars for teachers, parents, and students; tips on preparing for school-year and summer transitions; self-advocacy training for students; and links to county, state, and federal resources, disability law, and news stories about students with disabilities, special education demographics, and postsecondary possibilities.
- Our listserv files grew to include articles on ADHD and learning disabilities, parent resources, College Board/ACT testing accommodations, postsecondary transition, and material geared to help student self-determination and self-advocacy.

Membership in the Yahoo! group listserv is confidential; postings are public; files are accessible to members only. Visit the listserv at

<http://groups.yahoo.com/group/WoodsonSpecEd>

(or follow the link from the Woodson PTSO website) to view representative postings or to join the listserv. If you have trouble joining, or questions about our activities, please e-mail me at [cedge20@verizon.net](mailto:cedge20@verizon.net).

Lorraine Reilly: Woodson PTSO Special Education Liaison

## BUY SCRIP AND HELP WOODSON —

Put your monthly grocery and retail purchases to work for Woodson!

The PTSO has joined up with Great Lakes SCRIP to make available a wide range of gift cards for purchase. You purchase the gift cards at face value and the rebate goes to your PTSO to enable them to continue their meaningful support of the Woodson student and staff! Make SCRIP part of your monthly routine!

Pre-printed order forms are available in the front office, or at [www.woodsonptso.org](http://www.woodsonptso.org). And a starter order form is attached!! Drop your payment and order form in the SCRIP box located in the front office, by the second Tuesday of each month, or bring your order to the monthly PTSO meeting. Don't see what you're looking for? Go to [www.shopwithscrip.com](http://www.shopwithscrip.com) for the full listing of gift cards available. You can even place your order online, and drop off only a check for your order.

Orders are ready for pickup the following week.

**Can't wait for the monthly order to arrive? We have SCRIP gift cards on hand and ready for purchase for the following shops:**

Giant, Shoppers, Safeway, Bed Bath & Beyond, Chipotle, Dominos, Pizza Hut, Papa John's, Noodles & Company, Starbucks, Dunkin Donuts, iTunes, Subway, Panera Bread, Home Depot, CVS, and Einstein Bagels and we've recently added... Amazon, Kohl's, Bath & BodyWorks, & TJ Maxx/Marshalls

More can be added for regular purchases. Gift cards will be on sale during Cav Kickoff, Back to School Night, at PTSO meetings and during other school-wide events.

Questions? **Want to purchase cards now?**

Contact Regina Printz at 703-503-8208 or [rrprintz@hotmail.com](mailto:rrprintz@hotmail.com) or  
Linda Vasquez at 703-268-5068 or [lfvasquez88@gmail.com](mailto:lfvasquez88@gmail.com)